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Dy. Medical Superintendent		Chief Executive Officer	

1.0 Purpose:

To guide the care of patients undergoing moderate sedation (Conscious sedation)

2.0 Scope:

All the patients undergoing moderate sedation. Hospital wide

3.0 Responsibility:

Doctors and nurses


Definition.

Moderate sedation (conscious sedation) –A drug-induced depression of consciousness during which a patient responds purposefully to verbal commands, either alone or accompanied by physical stimulation. No interventions are required to maintain a patent airway and spontaneous ventilation is adequate. Cardiovascular function is maintained. Medications administered include:

- Any intravenous administration of sedatives-hypnotics to facilitate the performance of a procedure is moderate sedation/analgesia.

Any administration by any route of two or more narcotics and/or sedatives to facilitate the performance of a procedure is moderate sedation/analgesia.

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- Administration of repeated doses of a narcotic or sedative during a procedure.
- Administration by any route of sedatives and/or narcotics to facilitate the performance of a procedure in doses that are expected to produce moderate sedation is moderate sedation/analgesia.


4.0 Policy:

- 4.1 The following policy sets uniform requirements and minimum standards for the use of moderate sedation for therapeutic, diagnostic or surgical procedures performed at Apollo Hospitals, Secunderabad
- 4.2 All patients who receive moderate sedation for a procedure shall be provided a safe and comparable level of care consistent with, or in excess of, the minimum recognized standards for such procedures.
- 4.3 Consultant Anesthetist shall administer moderate sedation and document the same in patient's medical record. He will be responsible for intra-procedure monitoring and post procedure recovery.

5.0 Procedure:

- Informed consent for the procedure and sedation shall be obtained by the doctor prior to the procedure from the patient/ legal guardian.

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- Each patient/ guardian must receive an explanation regarding the risks and alternatives of moderate sedation.
- Moderate sedation is administered by the Anesthetist or doctor performing the procedure.
- Conscious sedation –Pre-procedure checklist is filled by the doctor before the procedure.
- During the procedure, intra-procedure monitoring is recorded in the intra-procedure record.
- Patients are monitored after sedation and procedure and record the same in Post procedure record.
- Anesthetist shall apply set criteria for discharge of the patient from recovery and document the same in Pre-discharge assessment.
- **ALDRETE** scoring criteria to be used by anesthesiologist to transfer patient from the recovery area.

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